

APRIL 2021: Breakfast Express Menu

APRIL 2021: Breakfast Express Menu							
Monday	Tuesday	Wednesday	Thursday	Friday			
			Spring Recess 1	Spring Recess 2			
Breakfast on Tuesday Wednesday and Friday May Be Served Warm	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN	OF OR THE WAY	Upstate Farms® Yogurt Choice Assorted Granola Fresh New York Apples	Pillsbury® Mini Blueberry Waffles Seasonal Fresh Fruit			
5	6	7	8	9			
Fruity Cheerios® Graham Crackers Seasonal Fresh Fruit 100% Apple Juice	Zucchini Loaf Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Seasonal Fresh Fruit 100% Fruit Juice	Yogurt Parfait Fresh New York Apples	Assorted Loaves and Muffins Seasonal Fresh Fruit			
12	13	14	15	16			
Apple Cinnamon Cheerios® Graham Crackers Seasonal Fresh Fruit 100% Orange Tangerine Juice	Pillsbury® Mini Maple Pancakes Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Raisins Seasonal Fresh Fruit 100% Fruit Juice	Organic Stonyfield® Yogurt Assorted Granola Fresh New York Apples	Sweet Potato Oatmeal Muffin Seasonal Fresh Fruit			
19	20	21	22	23			
Sun Butter Cup Graham Crackers Grape Jelly Seasonal Fresh Fruit 100% Fruit Juice	Cinnamon Burst Pancakes Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Seasonal Fresh Fruit 100% Fruit Juice	Upstate Farms® Yogurt Choice Assorted Granola Cranberries Fresh New York Apples	Pillsbury® Mini Blueberry Waffles Seasonal Fresh Fruit			
26	27	28	29	30			
Fruity Cheerios® Graham Crackers Seasonal Fresh Fruit 100% Apple Juice	Zucchini Loaf Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Seasonal Fresh Fruit 100% Fruit Juice	Yogurt Parfait Fresh New York Apples	Assorted Loaves and Muffins Seasonal Fresh Fruit			

Milk*
1% Low-fat
Fat Free
Fat Free Chocolate

*Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk) **Cold Cereal Choices**

Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats **Seasonal Fresh Fruit**

OFNS has an extensive Prohibitive Ingredients List available at: schools.nyc.gov/nutritioninformati on

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.









APRIL 2021: Pre-K - 8 Lunch Menu							
Monday	Tuesday	Wednesday	Thursday	Friday			
	* \		Spring Recess 1	Spring Recess 2			
Daily Lunch Specials • Peanut Butter & Jelly* (V) • Hot or Cold Cheese Sandwich (V) • Hummus Grab & Go (V)	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN		Chicken Dumplings Rice Medley Fresh Teriyaki Green Beans Fresh New York Apples	Grilled Cheese (V) Roasted Grape Tomatoes			
5	6	7	8	9			
PIZZA (V) White Bean Salad	Crispy Chicken Tenders With Dipping Sauce Marinated Green Beans Garlic Toast	Turkey Burger Deluxe Baked Sweet Potato Waffle Fries	Jamaican Beef Patty Seasoned Roasted Potato Wedges Ranch Carrot Snacker Fresh New York Apples New York Cookie Treat	Macaroni & Cheese (V) Dinner Roll Seasoned Broccoli			
12	13	14	15	16			
PIZZA (V) Three Bean Salad	Roasted Chicken Drumsticks Honey Sweet Potatoes Corn, Peas and Carrots Buttermilk Biscuit	Chicken Parmigiana Sandwich Roasted Baby Carrots	New York Hamburgers & Cheeseburgers Deluxe Fish and Cheese Sandwich Baked New York French Fries Fresh New York Apples	Mozzarella Sticks (V) with Marinara Dipping Sauce Spinach Dip Baked! Tostitos® Scoops®			
19	20	21	22	23			
PIZZA (V) Roasted Chickpea Salad Crunchy Carrots	Taco Tuesday Beef Tacos with Baked! Tostitos® Scoops® with Salsa Street Style Corn	Popcorn Chicken Mashed Potatoes Baked Broccoli Dinner Roll	Chicken Dumplings Rice Medley Fresh Teriyaki Green Beans Fresh New York Apples	Grilled Cheese (V) Roasted Grape Tomatoes			
26	27	28	29	30			
PIZZA (V) White Bean Salad	Crispy Chicken Tenders With Dipping Sauce Marinated Green Beans Garlic Toast	Turkey Burger Deluxe Baked Sweet Potato Waffle Fries OFFERED DAILY	Jamaican Beef Patty Seasoned Roasted Potato Wedges Ranch Carrot Snacker Fresh New York Apples	Macaroni & Cheese (V) Dinner Roll Seasoned Broccoli			
Milk*							
1% Low-fat Fat Free Fat Free Chocolate		Asserted Dressings	Seasonal Fresh Fruit	OFNS has an extensive Prohibitive Ingredients List available at:			

Fat Free Chocolate

*Alternative options are

available upon request

(V) Indicates Vegetarian

Assorted Dressings

Seasonal Fresh Fruit

schools.nyc.gov/nutritioninforma tion

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK or CHICKEN with Bones





